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Standardized operations taking into account quality criteria for the care of ostomy patients in hospital and after discharge?

Introduction:

This article is explaining the job profile of an enterostomatherapist in Germany by considering the request for standardization and claims for quality control, profitability and increase in efficiency in German health care system.

Methods & Material:

A „job profile“ has been developed by the task force of the associations of ostomy therapy from Germany (ECET D), Austria (ÖVET) and Switzerland (SVS).

The data content for standardization and quality assurance are giving a survey on the different publications, requirements from health care funds and organisations of quality management in Germany.

There are considered developments of the health care as for instance the increasing relocation of medical and caregiving services to post-operative treatment or to domestic homes caused by the DRG's and the currently shortened staying times in emergency hospitals.

Results:

A maximized standardized cooperation between hospital and the post-stationary treatment is getting more and more important to guarantee the rehabilitation beyond hospitalization and to avoid inadequate care or „revolving door effects“.

Enterostomatherapists are attaching more and more importance to the possibilities for realizing increases in efficiency and reduction of costs as well as for the assurance of the therapeutic outcome through early planning of care and discharge and a competent attendance and consultation by skilled caregivers.

The focus is put on the *process* of ostomy care to achieve independence of patients by taking into consideration the legal general conditions.

- I. Pre-stationary phase
- II. Preoperative measures
- III. Operation
- IV. Postoperative ostomy care
- V. Instructions, training, consultation of patients and their relatives
- VI. Discharge
- VII. Post-treatment care

Diskussion:

There are presented fundamentals which may be discussed in accordance with the individual situation in the hospital and in the post-treatment care in compliance with the own environment of quality development or assurance in the ostomy therapy.

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